

British Cycling National Youth Circuit Series

Hillingdon

Saturday 19th June 2021



Programme

Hillingdon Cycle Circuit
Springfield Road
Hayes
Middlesex
UB4 0LP



Introduction

Welcome to the Hillingdon round of the 2021 National Youth Circuit Series races!

The event is organised by Hillingdon Slipstreamers and is being held at the Hillingdon Cycle Circuit, situated in Minet Country Park in Hayes, Middlesex.

The course is a purpose built road cycling circuit, 0.93 miles long with a great clubhouse and facilities and has a year round cycling and racing programme for all levels of cyclists.

We hope you have a great day and are looking forward to some exciting racing.

Race Event Organiser

David George

Email: racesec@slipstreamers.co.uk

Chief Commissaire

Phillip Jemmison

Assistant Commissaires

Bob Ruszkowski

Ian Chatfield

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www.slipstreamers.co.uk/news



twitter.com/hslipstreamers - Use #HSS2021National



www.flickr.com/photos/hslipstreamers/albums



Hillingdon Slipstreamers Circuit Races will be run under the Technical Regulations of British Cycling. The relevant regulations are available on the British Cycling website, as updated for 2021: www.britishcycling.org.uk/rules

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For a recap:

Read a few race reports from previous Hillingdon Nationals

<http://www.slipstreamers.co.uk/category/special-reports/national-circuit-series/>

View our photos from previous Hillingdon Nationals at

<https://www.flickr.com/photos/hslipstreamers/collections/>

Covid Mitigations

- The race is being held under British Cycling's Return to Play guidelines
- Please limit the number of supporters/helpers you bring with you on the day
- Once on site please observe social distancing as best as possible throughout the day
- Please wear face coverings when signing on, using the toilet facilities, getting refreshments and on the podium
- Please DO NOT attend if you are feeling unwell. If you become ill and develop symptoms of Covid-19 please contact the event organiser to inform them
- Warming up will not be allowed around the clubhouse. Warm up either at your car or in the designated space on the Apron
- You may have one helper on the Apron
- DO NOT warm up on the Apron more than 40 minutes before your race is due to start
- Once the race starts ALL equipment on the Apron MUST be removed. Ideally by your helper, but any equipment left on the Apron will be removed to the grass bank
- NO Gazebos of any kind within the Park Area
- DO NOT Arrive at the circuit expecting to park more than 90 minutes before the start of your child's first race. You will be checked and turned away to alternate parking if too early
- A Pit Lane shall be available on the Apron for equipment to be left.
- No assistant should occupy the Pit Lane whilst a race is in progress
- Any equipment in the Pit Lane must be removed immediately once the race has ended
- Once your family have completed their races and collected any awards, as much as we would like you to stay, we kindly ask that you wrap up your belongings, including any litter, and prepare to leave. This will allow the next wave of competitors to have their race with as little stress as possible

Chairperson's Welcome

A warm welcome to all riders and those accompanying them for a very different looking Nationals series for 2021. After missing last year we are back, but to a covid-safe Nationals. Welcome also to our BC commissaires; your time and experience is greatly valued and we hope you have a trouble free day.

This year you will only be able access the clubhouse for toilets and 1st aid – which we hope will not be required!



There is a one way system in place and face masks are required when entering. Please adhere to this. Hand sanitisers will be available both inside the clubhouse and outside at various points.

There will also be a one system in place for getting to the start and a different route from the finish. Please read signs and please remember to return transponders at the appointed place.

We have all tried our hardest to make sure this is a SAFE Youth Nationals series. Please do your part by reading all the information given to you thoroughly.

A few quick reminders for you all on the day;

- Trophies will be awarded as soon as possible after the results have been confirmed.
- The circuit is located in a PUBLIC PARK. We cannot control who will enter the park. Please ensure all your belongings are kept safe at all times and we urge you to leave nothing in your cars as sadly we have had break in's.
- A lot of our volunteers will be at the circuit for over 10 hours on the day. Please remember to thank them, without them you would not be able to ride.

Lastly, please read the rest of this programme for all the important information about the day.

Happy Racing!

Alison Grant - BEM

Hillingdon Slipstreamers - Club Chairperson

Event Organiser's Welcome

If you asked me 3 months ago if I would be writing a welcome now, I would have replied “probably not”. Uncertainty has plagued event organisers nationwide, and as we know the sporting calendar has been a fraction of what we saw in the 2019 season.

It is therefore with great pleasure that we welcome you to this round of the NYS hosted by Hillingdon Slipstreamers.



It has not been the easiest of journeys to get to where we are today. And the lack of competition has left you unable to validate your progress to date, which has made selection for the U16 Males less than straightforward.

As a selected entrant for the Youth Series, your goal should be to race in the manner expected at National level. The outcome is important to you – but more so is the manner in HOW you achieve your result. Talent coaches from British Cycling shall be in attendance – they will be observing your conduct throughout the entire race – NOT just the last lap.

Therefore, please race with combativity as a priority. To help you achieve this, for each U14/U16 race there will be a Prime Lap every 20 minutes – a chance to win an additional cash prize. Talent Development Coaches will also be nominating a special Combativity Award to the most worthy participant in each race. This is to recognise true sporting prowess in our favourite sport!

As always: Race Smart. Race Hard. Race Safe. We all look forward to seeing you perform to your best in what has the potential for a very exciting day of racing!

Dave George



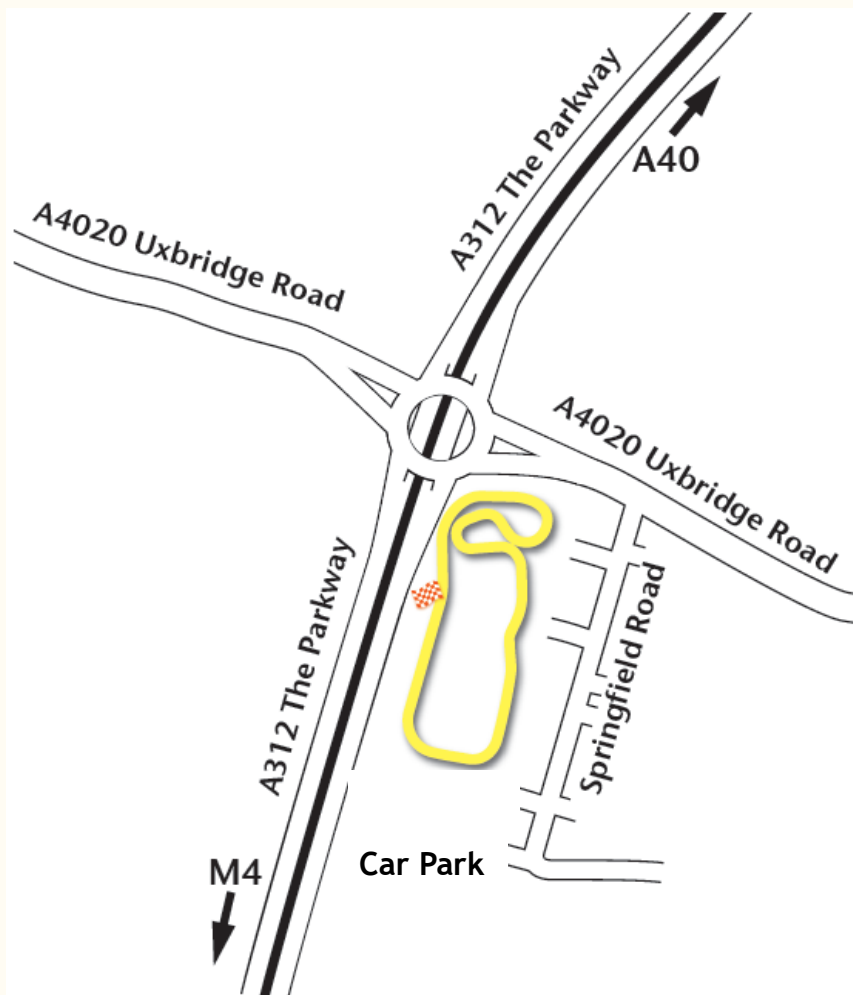
Location & Parking

Address

Hillingdon Cycle Circuit
Minet Country Park
Springfield Road
Hayes
UB4 0LP



Hillingdon Cycle Circuit is in Minet Park in Hayes, Middlesex, West London; and is easily accessible from the M4 and M40. The circuit is located on the east side of the A312 Hayes Bypass at the A4020 Uxbridge Road roundabout, about one and a half miles north of M4 junction 3. The entrance is in Springfield Road off the A4020 Uxbridge Road.



Parking

Parking within the facility is limited and restricted to a grass area behind the clubhouse (cars only). Entry and Exit will be managed to ensure a smooth traffic flow. Priority shall be given to the accommodation of Emergency Vehicles should they be needed.

Larger vehicles and motor homes should park along Springfield Road.

The Minet Country Park at the end of Springfield Road is also available for use (hard standing).

PLEASE DO NOT park inside the entrance gate to the circuit (signposted Goals), or in the Goals car park, along the approach to the clubhouse, or along the verges near the gate entrance as this blocks access for emergency vehicles and Goals visitors. Hillingdon Council does not allow parking overnight in the car park.



Minet Country Park Entrance
(Springfield Road)



Facilities & Safety

General

The circuit facilities will open at 8:00 am on Saturday 19th June with access to the toilets only. Please note that there will be no changing facilities so you will need to come dressed to ride. Please ensure you allow sufficient time prior to your race to park, register and warm up.

Catering

There will be an ice-cream van and burger van with cold drinks and bars/gels for sale at the Circuit. Please ensure that you bring sufficient food and water for the day (unfortunately there will be no facilities to refill water bottles).

Litter

Please use the bins dotted around the park and outside the clubhouse or take it home with you. If you notice bins overflowing let a volunteer know and we'll empty these.

Spectators

Spectators are only permitted on the outside of the circuit on the grass banks along the start/finish straight BEHIND the cordon. Please maintain social distancing at all times. Please do not walk on the circuit or cross any of the barriers we have put in place. Remain behind the barriers and follow the instructions of the race marshals and club officials at all times. Our volunteers - young and not so young - are easily identifiable by the gilets they will be wearing, so if you need any help or have any questions, don't hesitate to ask for assistance.

First Aid

There will be full first aid cover for the day. In the unfortunate event of a rider needing to be taken to hospital, the nearest A&E hospital is:

Hillingdon Hospital

Pield Heath Road

Uxbridge, UB8 3NN

Tel: 01895 238282 | A&E Tel: 01895 279314

Racing Information

Race Schedule

Category	Earliest Access to Car Park	Gear Check	Sign-On	Warm Up on Apron
U16 Boys	08:00	08:00 - 08:55	08:15 - 09:00	08:50
U16 Girls	09:35	09:35 - 10:25	09:45 - 10:30	10:30
U14 Boys	11:10	11:10 - 12:00	11:15 - 12:10	12:00
U14 Girls	12:30	12:30 - 13:30	12:45 - 13:35	13:25
U8	14:30	14:30 - 15:00	14:35 - 15:05	15:05
U10	15:00	15:00 - 15:30	15:05 - 15:35	15:35
U12	15:00	15:30 - 16:00	15:35 - 16:05	16:00

Pre-race and post-race gear checks will be in front of the Mechanics hut near the event HQ. **Failure to attend gear check at the end of the race will lead to disqualification.**

Races

Category	Start Time	Duration
U16 Boys	09:30	60 minutes + 5 laps
U16 Girls	11:05	60 minutes + 5 laps
U14 Boys	12:40	50 minutes + 5 laps
U14 Girls	14:05	50 minutes + 5 laps
U8	15:30	5 laps
U10	16:00	6 laps
U12	16:30	10 laps

Racing Information

Signing On

All riders must have gears checked BEFORE signing-on, which is outside the main Clubhouse (please note the one-way system). Any extenuating circumstances are subject to the Chief Commissaire's ruling, which is final. On the day registration is available for U8, U10 & U12 support races only on a first come first served basis. You don't need to be a British Cycling member to race in the support races; however, you will need a day licence which will be available at sign-on for £1.50.

Numbers

You will be provided with two numbers for your race. Both numbers must be worn for the U14 & U16 races. It is important that you position these as shown in the picture so the judges and cameras can correctly record your number. Failure to comply may result in not being placed!



Warm Up/Warm Down

After sign on you should proceed past the clubhouse (following the one-way signs) to the corner where a marshal will help you to cross the circuit onto the path which leads to the apron/warm up area at the start/finish line (see map on rear of programme). This path is not paved hence you will need trainers/cleat covers and a trolley. One supporting adult is permitted per racer on the apron to help with kit and roller set up. Unfortunately, there will be no opportunity to warm up on the circuit between races.

10 mins before each race start the helping adult will need to leave the apron with all the racer's kit and move to the spectator area on the outside of the circuit. Supporting adults should then re-cross the circuit and use the paths on the inside of the circuit to walk back down to the clubhouse after the race (see map on final page). If you wish to warm down using rollers you will need to do this on the grass behind the clubhouse. Please do not use turbo trainers or rollers on the tarmac outside the clubhouse or approach road.

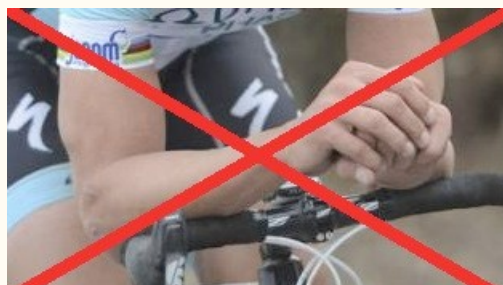
Racing Information

Your Safety

The circuit being used for the races is risk-assessed and we are confident it is safe, as validated by the regular events that regularly take place here. There are, however, a few corners that, in a bunch, require extra vigilance. Any rider not confident in the bunch is respectfully reminded to stay out of trouble. We all need to be aware that 'racing incidents' sometimes occur without fault. Any rider who the Commissaire deems is riding in a dangerous or compromising manner will be judged accordingly.

Rider Responsibilities

Riders' welfare is paramount, and we will not tolerate behaviour of any kind which could affect this. Any complaints or incidents should be reported promptly to the Commissaire. If any regrettable circumstances arise, please behave in a way which allows any representations to be taken seriously.



Your Race

You should be at the start line, ready for your race 10 minutes before your start time. Do not ride on the circuit until confirmation has been received by a marshal that the circuit is clear.



After Your Race

On completion of your race, continue through the finish line, past the Clubhouse and up the slope to the highest point of the circuit, where you will be directed down the path where you will have your transponder removed. Post-race gear checks will be at the command of the Commissaire Team. Listen to the briefing at the start of the race for any requirements for gear checks. The gear checking will take place adjacent to the transponder removal point where initial gear checks were made. A rider's bicycle must be made available for inspection at the discretion of race officials.

Any rider evading the gear check or who has not complied with a check on request will not be classified in the results. The end of race gear check must be made on the bikes with only the riders present. Any failure of such a gear-check or question of interference will result in immediate disqualification.

Presentations

Results

Race results will be live-streamed online using the following link:
<https://speedhive.mylaps.com/livetiming/HSlipstreamers>

Provisional results will also be made available in Google at:
<https://tinyurl.com/HSS-NYS-2021>

Any appeals or challenges should be communicated to the Commissaire and Results team as soon as possible.

Prizes

Presentations will take place in the Slipstreamers gazebo outside the Clubhouse where trophies and various prizes will be awarded to the winners in the various races. Be sure to listen out for announcements on the PA near the Clubhouse of when these will be. Face coverings must be worn on the podium.

There will be trophies and cash prizes for winners in both Boys and Girls National Youth Circuit Series races. Winners in the Boys and Girls support races will also be receiving trophies. Please note that riders not present at the podium will be deemed to have donated their prize to Hillingdon Slipstreamers.

There will be additional trophies for Combativity in each of the U14/U16 races, decided by British Cycling Talent Coaches.

BC Points Allocation

Ranking points will be allocated in accordance with the technical regulations of British Cycling.



Acknowledgements

Thank You!

Hillingdon Slipstreamers would like to thank the Hillingdon Cycle Circuit User Group for their support of this event and use of the facilities. We would also like to thank British Cycling for their continued support in allowing us to organise the Hillingdon round of the National Youth Circuit Series.

The Slipstreamers Volunteers - Parents & Club Officials

An event such as this is impossible to host without the people who give up their time to make it happen. Specifically...

On the Ground Team

Chief Judge

Dave George

Operations & Volunteers

Sarah Wilden

Results & Electronic Timing

Sam Grant

Sign-On Manager

Anthony Brassil

Chief Marshals

Paul Moriarty, Martin Dawson

First Aiders

Simon Evans, Shirley Marvelly,
Nigel Knell, Tim Cummins,
David Hope, Dai Williams,
Lia Leonard

Support Races Commissaire

Duncan Adamson

Gear Checking

Kieran Dineen, Clive Dawkins

Catering for Volunteers

Claire George

Photography

Daniel Jones

Throughout the day, young helpers varying from ages 6 to 16 will be involved in circuit setup, administration, ferrying food & drinks to & fro for volunteers, and making themselves available for any jobs going!

And Of Course, Our Volunteer Army...

All the above are supported by an entire crew of incredible helpers - parents & club officials - to ensure you have a fantastic day. A resounding THANK YOU to every single Volunteer in the Slipstreamers Community who has helped before the event to ensure we are organised and ready to go, as well as those who will be available to help throughout the day. **We couldn't do this without you!**

#VolunteersRock #NotAllHeroesWearCapes #MakingADifference

Your Privacy

Data Protection

When you entered this event via the BC event registration system, you consented to your details being shared with Hillingdon Slipstreamers as the event organiser. As an entrant to this event you agree that we may publish your information as part of the results of the event and may pass such information to British Cycling or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events.

Your data may also be shared on our website, social media pages or in email communications. This data will only be shared in relation to your participation in the event, e.g. the list of entrants, results or event reports. This data will be limited to your name, club or team, event category, finishing time and/or position.

Photography

Note that Hillingdon Slipstreamers, British Cycling and members of the press will be taking photographs and videos of the races, spectators and volunteers for publicity purposes. By registering to participate in the event either on your own behalf or upon behalf of any other rider including those under the age of 16 years, you agree that photographic images of you, containing you, or of those under the age of 16 years upon whose behalf you have registered, may be used for this purpose. If you have any questions regarding this please talk to a member of the Slipstreamers Operations team.



A Bit About Hillingdon Slipstreamers

Hillingdon Slipstreamers is an award-winning youth only cycling club and a registered charity with an active membership range from ages 5 – 16 years. We deliver cycle coaching sessions every Saturday of the year at Hillingdon Cycle Circuit, regular off-site discipline specific sessions such as mountain biking and track; as well as development workshops, youth leadership training and mentoring throughout the year. We are committed to providing equal opportunity in cycling skills and development for all young people, encompassing the principles of all- inclusiveness and accessibility in everything we do.

We have worked effectively with children who are not traditionally active and openly struggle with sport due to shyness, disability or other barriers, encouraging participation by tailoring activities to individual needs. Where there is interest in competition, we develop and support aspirations; equally ensuring there are a diverse range of non-competitive activities where children can build skills, or just have some fun in a safe environment. Via our Young Leaders programme, we provide opportunities for growth and resilience building - normally shy children “under the radar” have flourished into confident and assertive individuals simply by being allowed the space to grow and build confidence.

In our 23rd year, none of what we do would be possible without our committed Volunteers who work hard to share their enthusiasm, encouragement and put time towards helping young people be the best they can be. We are immensely proud to be in the company of every single one them week in week out. Chapeaux!



20+ Years of Our Club History, Timeline & Heritage So Far...

- 1998
 - Club founded by Brian Wright & Ray Kelly for under 16s
 - 'Slipstreamers' name chosen by the children 1999
- 1999
 - Slipstreamers became a registered charity
- 2004
 - Became part of British Cycling's "Go-Ride" scheme 2006
- 2006
 - First "Club mark" Status awarded
- 2010
 - Funding partner for the new clubhouse
 - Awards and recognition for the Club and Brian Wright
- 2011
 - Introduced the Slipstreamers development & awards scheme
- 2012
 - First adventures abroad in Assen – Slipstreamers goes international
 - Gillette Sports UK Coach of the Year, Hillingdon Sports Coach of the Year 2
- 2014
 - Inaugural Mudslingers MTB Trip to Afan Valley in Wales
- 2015
 - Slipstreamers Youth Summer Series introduced
 - BC Coach + Volunteer of Year; 'Points of Light' & British Empire Medal
 - Club awarded City & Guild London Youth "Bronze" Quality Mark 2016
- 2016
 - BC Young Coach of Year + Volunteer of Year
 - ParkLife Summer of Cycling Community Initiative Led by YVs
 - Formal opening of the circuit link roads and extended apron area
- 2017
 - BC National Go-Ride Club of Year. UK Sport Children's Coach Runner Up
 - London Youth "Outdoor Education Award" + "Young Leader Award"
 - YVs join British Cycling's National Youth Forum
 - YVs join London Youth's Youth Advisory Board
 - Sport & Recreation Alliance Volunteering Award
 - Fiesta Summer with Hillingdon Council run by Young Coaches & YVs
 - 10 Young Volunteers qualify as L1 Coaches – a first for the Club and BC.
- 2018
 - BC Central + National Coaches of the Year
 - Sport England commissioned volunteer research
 - Bradley Wiggins & Yanto Barker visit Slipstreamers
 - 20th Birthday bash celebrations
- 2019
 - Slipstreamers Academy launched for 16-23 year olds

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www.slipstreamers.co.uk



<https://twitter.com/HSlipstreamers>



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